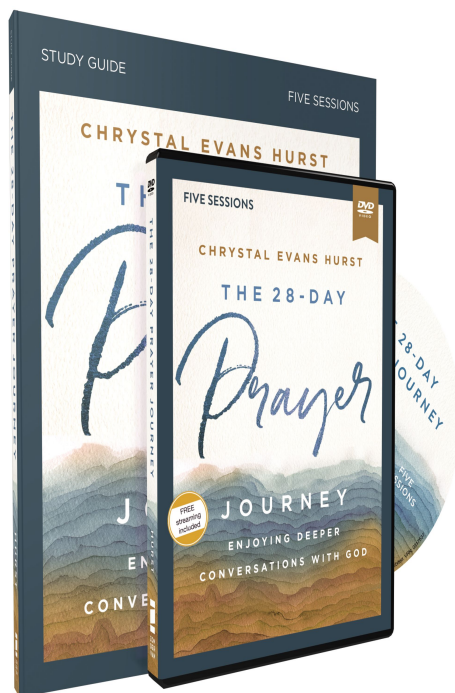


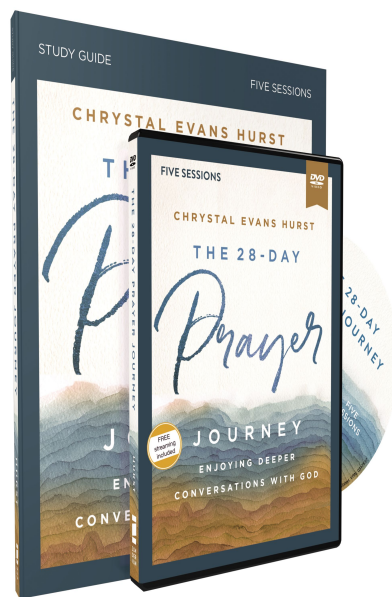
# Scarica libri The 28-Day Prayer Journey Study Guide with DVD: Enjoying Deeper Conversations with God

By Chrystal Evans Hurst



For anyone who longs for a consistent prayer life yet struggles with distractions, doubts, or knowing where to start, Chrystal Evans Hurst offers a simple and heartfelt method to meaningful conversations with God, just one day at a time. The kind of intentional, fervent prayer life we'd like to experience often seems intimidating or just out of reach. Chrystal knows how that feels and shares her own relatable journey through the challenges and joys of deepening her prayer life. Showing up to pray just one day at a time, Chrystal found a simple yet powerful practice that made consistent prayer amazingly doable. Chrystal teaches us the basic tenets of prayer practice and establishes a pattern of prayer to be applied to our daily life for 28 days with lasting effect. She dives deep into four postures of prayer that increase our communication and relationship with God: Prayer of thanking and praising God? Prayer of confession and rejection? Prayer of requesting? Prayer of yielding and

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